

PE

The government states that 'a high quality physical education curriculum should inspire all children to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.'

At Gorseybrigg we are proud to provide a wide range of opportunities and experiences, not only to fulfil requirements, but to enhance and enrich the curriculum for all our pupils.

All children in Reception to Year 6 participate in 2 hours of Physical Education per week and follow the Val Sabin schemes of work covering aspects of dance, games and gymnastics. A weekly swimming lesson takes place for our Year 4 children in the local sports centre. Nursery children also have a PE session in the school hall as well as continuous provision in the FS outdoor area.

All Key Stage 2 pupils participate in the Monday Mile. This is a great opportunity to kick start the week and improve the physical, emotional and social health and wellbeing of our children.

The North East Derbyshire School Sport Partnership (NED SSP) provides a programme of sporting competitions and events throughout the academic year. Whole class opportunities include: Early Riders festival for Reception, multiskills for years 1 and 2 and gymnastics for year 3 and 4.

We closely follow the NED SSP competition calendar throughout the year, participating in tournaments for netball, cricket, rounders, basketball, athletics, boccia, tri-golf, football, cycling, swimming and tennis. The children feel proud in their team kit and learn important values of respect and fairness.

We provide bikeability training for our year 4 children and again in Year 5. It's about gaining practical skills and understanding how to cycle on today's roads. Bikeability gives everyone the skills and confidence for all kinds of cycling. Reception children have Early Riders training each year which takes place in the school hall on balance bikes.

We further enrich the curriculum by inviting local sports coaches into school to provide taster sessions and build club links with the local community. Every year, in the Summer term, we hold a Sports and Health Week. During this week a wide range of opportunities are offered, including visiting the Dronfield Sports Centre to use their facilities, local clubs offering taster sessions, lessons on healthy lifestyles and children participating in intra-competitions. The whole school also spends a day on a local countryside walk, learning to respect the countryside code and gaining the benefits of physical and mental wellbeing.

Nursery, KS1 and KS2 each hold their own Sports Days in the Summer term. All events include both competitive and non-competitive elements.

In Key Stage 2 we encourage children to take on leadership roles in providing further opportunities in physical activity. Through the NED SSP we train all year 5 children to become mini leaders, 4 children to become Bronze Ambassadors and 4 children to become Change4Life leaders. These children provide structured, fun activities and games during lunchtimes.

Each year, children in Year 4 and 5 have the opportunity to attend an overnight stay in Castleton where a range of outdoor and adventurous activities are provided. This is often a first experience of staying away from home for many children. Children in Year 6 have the opportunity to go on a 4 night, action packed, residential to either Wales or the Lake District. This is a great way to cement friendships and celebrate their time at Gorseybrigg. A range of educational, team building and outdoor and adventurous activities provide an excellent itinerary.